

**REVISED NOTES**  
**PPG Meeting by Zoom Monday 7th December 2020**

**Attendance**

David, Peter, Helen, Chris, Kate, Yasmena, Judy, Sheena, Marion and Steve (invited by PPG)

**Notes of the previous meeting (2nd November 2020 by Zoom)**

The notes of the previous meeting were agreed.

**Any Matters Arising**

There were no matters arising

**Area Forum**

Marion attended this meeting. She sent all members the link to the meeting

<https://www.dropbox.com/sh/wdukrf1wqxxpghl/AABO1eXnN9ZR5hsCWBSqZK92a?dl=0>

Marion told us of the Ageing Well Project which is contacting people to make sure they look after their own health and advising on this. Another project called Lisa and the Door Knockers was mentioned but Marion had not been able to find this on Google search.

111 in our area was asked to help the Bicester area as they were very busy.

Marion then went on to talk about the roll out of the Covid vaccine but Helen said that things were changing all the time and that she would update us on the latest news in her Parkside report. Apparently the flu vaccine cannot be given at the same time as the Covid vaccine. Some countries may require a vaccination card before allowing travel. There maybe a charge for this.

From January 2021 vitamin D supplements will be available from surgeries.

Help for mental Health issues can be accessed from 111. They have a special section for this. There is no need to go through a GP.

The PPG at Finchampstead Surgery has closed leaving the patients without representation.

**Report From Parkside Practice**

Due to Helen's retirement from The Practice a replacement was offered the position but unfortunately did not take it up. A lady applicant who has experience in the Hospital and the Private Sector has been invited to give a presentation to the Doctors at the practice. If suitable she will have to give 3 months notice so Helen has agreed to stay on until the end of March if necessary. The PPG asked if we could meet the successful candidate when possible.

Our practice is in the Wokingham North area. This area is in the first wave to give the Covid Vaccine. The vaccine keeps for 5 days but 2 days of that will be transportation. This means that there is a window of 3 days to use the vaccine. It comes in packs of 975. Once it has been drawn up to administer it only lasts for a few hours. The 975 vaccines could be divided up into 2 sections one for Parkside and one for Wargrave. The vaccine cannot leave the premises and must all be used up or a fine would be issued. The 2nd vaccine must be administered 21 days after the first. It is time critical. Parkside will move all general appointments to Green Road surgery so that the Woodley one can concentrate on the vaccinations. PGD certification is required to administer the vaccine and at present only GPs have this certificate. From Wednesday next week over 80's will be contacted by the practice for the vaccination. Parkside has 760 patients over 80. If Parkside only has enough vaccine at first for 325 people the eldest will be called first. There will of course be some people who do not wish to be vaccinated. It could be administered from 08.00 to 20.00, 7 days a week. The patients vaccinated need to be recorded on a data base known as Pinnacle which is not normally used by the practice.

Helen has spoken to Jason who is a Social Prescriber. He is employed by Wokingham North PCN for 5 years. He has given a presentation on zoom about his work. His remit is to talk to people and to point them in the direction of available help.

A flu clinic was held at Woodley for the 50+ to 64 age band. 130 - 140 patients were vaccinated. Parkside didn't have as big a take up by this age group as expected so has spare vaccines . Brookside is short of flu vaccines so Parkside may be able to liaise with them.

### **Visions / objectives for the future**

As a PPG we discussed how we could represent the patients. We are not a complaints channel. A patient survey doesn't provide answers that help the PPG forward. With few surgery visits at present notice boards etc are not being used so much. Open days could be useful but not until things are more normal.

There is an association of patient groups and it was decided to see what other groups do.

David will give a talk to us on how his Parkinson group supports its members.

Also Jason will be asked to talk to us about his work.

Marion will talk to the Stroke Association as well.

It was decided to keep this item on the agenda for next time as more discussion was needed.

### **Any other relevant business**

Kate said she was taking part in a Covid trial.

Peter thanked all the Staff and Doctors at Parkside for their hard work over the past year especially in the circumstances and wished them a very Merry Christmas and a Happy New Year. This was endorsed by everyone.

### **Date of next meeting (by Zoom)**

4th January 2021 at 2.00pm

The meeting closed at 3.30pm